



Etac Light cutlery

Award-winning ergonomically designed aids for daily living

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Creating Possibilities

Light is a lightweight cutlery series with functional design which facilitates the use and eating when strength and mobility in hands and arms is restricted. The cutlery is available in various models and is dishwasher-safe.

Cutlery with thick handles



The cutlery is lightweight, gentle on the joints and relieves strain on the fingers. The handles are oval to sit securely in the hand and allows various grips. The spoon has a slightly longer and thinner handle to make a grip in the hollow between the thumb and index finger comfortable. To make cutting easier the knife handle has a slope for the thumb to rest and a sharp blade.

Description Code	Dimensions	Weight	Order
Light Fork, Thick Handle	180 mm	27 g	80402002
Light Spoon, Thick Handle	220 mm	37 g	80402004
Light Knife, Thick Handle	210 mm	23 g	80402006
Light Dessert Spoon, Thick Handle	180 mm	30 g	80402007

This cutlery relieves the strain on the joints in the hand and fingers.

Material	Care
Utensil parts: Stainless steel	Dishwasher-safe
Handle: ABS plastic	

Spoon, angled

The lightweight angled spoons are designed for people with impaired arm and hand mobility. The handles are oval to sit in the hand and allow a secure grip when eating.



Description	Dimensions	Weight	Order Code
Light Spoon, Angled, for Right Hand	190 mm	35 g	80403201
Light Spoon, Angled, for Left Hand	190 mm	35 g	80403202

Angled spoons, available for both right-handed and left-handed use.

Material	Care
Utensil parts: Stainless steel	Dishwasher-safe
Handle: ABS plastic	

Cutlery with thin handles



This lightweight cutlery requires a minimum of effort to use. It has long thin handles to allow a comfortable grip in the hollow between the thumb and index finger. The long handles reduce the need to lift the arm as high as with normal length cutlery. The underside is gently rounded to prevent point pressure.

This cutlery is light and require a minimum of effort to use.



Description	Dimensions	Weight	Order Code
Light Fork, Thin Handle	210 mm	24 g	80401003
Light Spoon, Thin Handle	210 mm	34 g	80401005
Light Knife, Thin Handle	220 mm	21 g	80401001
Light Dessert Spoon, Thin Handle	200 mm	26 g	80401007

Material	Care
Utensil parts: Stainless steel Handle: ABS plastic	Dishwasher-safe



Combination cutlery

This lightweight cutlery consists of a knife/fork and knife/spoon and is designed for use with one hand only. The handle permits a secure grip, with its rounded underside and flat upper side. The cutting edge is on the underside of the blade to prevent injury to the corners of the mouth. The knife/fork is available in either right-handed and left-handed versions, while the knife/spoon is suitable for both right-handed and left-handed use.



Description	Dimensions	Weight	Order Code
Light Knife/Spoon	200 mm	35 g	80403001
Light Knife/Fork, Right Hand	180 mm	25 g	80403002
Light Knife/Fork, Left Hand	180 mm	25 g	80403003

Material	Care
Utensil parts: Stainless steel Handle: ABS plastic	Dishwasher-safe

The combination cutlery provides a good grip for both cutting and picking up the food.



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“Everyone should be able to live a free and independent life and pursue their dreams regardless of any physical circumstances.”