



Intended Use

Congratulations on obtaining your REBOTEC forearm crutches. These crutches are intended for persons with limited walking ability and serve to increase their ability to walk. They are suitable for use inside and outside on even and stable surfaces. Always observe the rules for proper use.



Correct Use

Before using the crutches for the first time, have your specialised dealer or care provider instruct you on proper use with regards to your specific walking ability limitations. To assure your safety, carefully read the instructions and advisories in this pamphlet.



Adjusting the Crutch

IMPORTANT: Incorrectly adjusted crutches can limit the functionality of the crutches or lead to excessive physical exertion by the user.

The crutches will be given to you in a complete and proper condition and adjusted to exactly suit your body size. If you have any doubts concerning the adjustment of your crutches, then consult with your specialised dealer.



Issues with the Crutches

If something becomes loose, misaligned or damaged on a crutch, then consult with your specialised dealer or care provider.



Rental

The crutches are adjusted to suit your exact needs. Do not lend your crutches to another person.



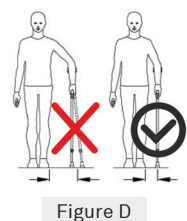
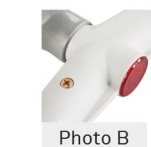
Maintenance

Regular maintenance and care of your crutches is required to assure proper functionality. For your safety, have your crutches inspected by a specialised dealer at least once a year.



Spare Parts, Accessories and Repair

Genuine spare parts and accessories from REBOTEC are available for the entire range of crutches.



Safety Instructions

Before using, check the following:

- The push button adjustment (Photo A1) must protrude through its hole.
- (Photo A2), The plastic adjustment clip must be completely pressed in.
- Do not loosen the screw (Photo B). All screw connections must be tight.
- The crutches end caps must not be worn out.
- The clamping screws must be tight (Photo C).
- If there is excessive wear or visible damage, contact your specialised dealer or care provider.
- Check to ensure all screw connections are tight.
- When using the crutches, firmly hold the grip handle with your hand.
- Exercise extreme caution when walking on wet or icy surfaces.

Danger of Falling

- You must place the crutches as vertically as possible (Fig. D "correct") on the surfaces while walking. Do not place the end of the crutch too far away from your body (Fig. D "false").
- When using the crutch on stairs (Fig. E), always firmly hold onto the handrail with your free hand.
- When using 2 crutches on stairs (Fig. F), take both crutches in one hand and firmly hold the handrail with your free hand (Fig. E).
- Have a specialist or care provider instruct you on how to use the crutches with stairs. If possible, have someone assist and support you to prevent you from falling, or to catch you in the event of a fall.
- If You Fall:
Allow the crutches to fall to the side, if possible, to prevent injury from falling onto the crutches.



Rebotec Australia

21 Clevedon St Botany NSW 2019
rebotec.com.au
info@rebotec.com.au



User Guide



Forearm Crutches

Intended use

Crutches are designed for persons with impaired walking ability. They serve to provide more security when walking. These crutches can be used inside and outside. The crutches may be pushed together (telescoping) to make it more compact for easier transport. Always be sure to observe all safety instructions and the maximum weight capacity when using the crutches.

Get advice from a qualified specialist or care provider on how to properly use and adjust the crutches for optimal functionality.



Do not expose the crutches to direct sunlight for long periods (e.g., storing crutches in front of windows, next to heaters, or under rear car windows). Heat can change the crutches' material properties and shorten their lifespan.

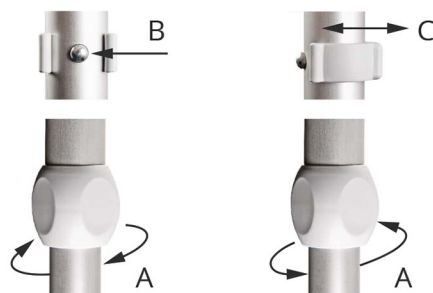


Never hang bags, purses or other objects on your crutches!

Assembly Instructions and First Time Use

Crutch Height Adjustment: Adjust the height by using the telescoping tube with push pin clips.

- Turn the clamping screws (A) clockwise to loosen.
- Press the push pin (B) into the hole, or allow the adjusting clip (C) to click into position
- Move the telescoping tube to the desired position.
- Allow the push pin to lock into place, or allow the adjusting clip (C) to click into position.
- Firmly tighten the clamping screw (A) by turning counter-clockwise. (tightening this reduce tube noise during use).



Adjusting the Arm Cuff

- Press the spring pin (F) into the hole.
- Move the arm cuff (G) to the desired position.
- Allow the spring pins (F) to click into position.



Reuse

Product liability applies only to the first use of the product described in this user guide. If the product is to be reused after its initial use period, then it must be inspected by an authorised dealer or by the manufacturer. This inspection should prevent improper use through possible or directly visible damages. When cared for and properly used according to the instructions, safety regulations and maintenance requirements; the product's lifetime is 12 months. Beyond this period, the product may be used further only when it is in a proper and safe condition.



Adjusting the Rotary Handle (Safe-In-Anatom only)

- Loosen the sleeve nut in the handle with an SW6 allen key. Turn the handle to the desired position, and then tighten the sleeve nut.

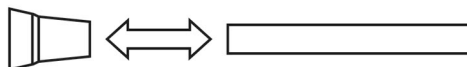
Care and Maintenance

- To clean the crutches, use a mild detergent and disinfectant.
- After cleaning, rinse with clean water and then wipe them dry with a cloth.
- Do not use an abrasive scouring agent or cleaner that contains aggressive solvents such as acids, benzene, thinners or alcohol.
- Do not use stiff cleaning brushes, these will damage the plastic surfaces and may cause deposit build-up on the plastic parts and other areas.

When using a disinfectant, be sure to follow the disinfectant manufacturer's instructions during use.

Maintenance

If you see any damage or wear on your crutch end caps, replace the end caps immediately. Pull off the crutch end cap from the end of the tube and replace it with a new end cap. Push the new end cap until it is firmly against the end of the tube.



Be sure the right size and design are used. 19mm for Safe-In-Soft and Safe-In-Anatom-Soft models. Use 17mm ferrules for Safe-In-Kids and Fun-Kids models. Bent or damaged crutches must not be used because they no longer provide necessary stability. Because of the risk of breakage, bent crutches must not be repaired by straightening.

Use only original REBOTEC spare parts. Have your crutches inspected by a qualified specialist at least once every 6 months.

Disposal

Crutches that are no longer usable must be properly disposed of according to national and local regulations for environmental protection and material recycling. They must be kept separate from regular household refuse. Contact your local disposal company or environmental authorities for more information.

Warranty

A warranty period of 12 months for the crutches described herein. Wear and damage resulting from product misuse are excluded. Wear parts are also excluded.



Safety precautions



Read the User Guide before first-time use to avoid damages through improper use or other hazards. The maximum allowable weight for the crutches must not be exceeded.

- Before each use, carefully check the crutches for damage. If damage is detected, do not use the crutch. Contact your authorised dealer for a complete inspection.
- When using the handle, firmly hold it with your entire hand. For your safety, have someone accompany you so that they can provide support and help prevent you from falling.
- Check the crutches end caps on a regular basis for wear or damage. Replace if damaged or worn. Hold the crutches as vertically as possible.
- Do not hold the crutches too far to the side, away from your body, or too far in front of you in the direction of travel.
- Under no circumstances may the crutches be used for other purposes. Use them only to assist your walking.
- Do not use as an aid for getting up, or as a lever for moving objects.
- No mechanical alterations may be made to the crutches without written permission from the manufacturer or specialist (product liability).
- Do not hang any objects on the crutches such as handbags, shopping bags, etc.
- Do not expose the crutches to direct sunlight for long periods (e.g. in front of windows, or next to heaters, or under the rear window of a car). Heat can lead to an alteration of the material properties and shorten the crutches' lifetime. If unused for an extended period, have the crutches inspected by a specialist before reusing.
- Be very careful when walking on moist tiles, carpeting or parquet floors – **danger of slipping**. Never clean the grip handle or the crutch end cap with an oily substance - **danger of slipping**.
- Be careful when walking on uneven surfaces and if there are holes in the ground because the crutch may slip away or sink unexpectedly.